



CHILDREN

	TOTS (T)		SMALL (S)		INTERMEDIATE (I)		MEDIUM (M)		LARGE (L)		EXTRA LARGE (XL)	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
Bust	20 - 21	51 - 53	22 - 23	56 - 58	24 - 25	61 - 63	26 - 28	66 - 71	29 - 31	74 - 79	33 - 35	84 - 89
Waist	19 - 20	48 - 51	21 - 22	53 - 56	21 - 23	53 - 58	23 - 25	58 - 63	26 - 30	66 - 76	30 - 32	76 - 81
Hip	21 - 23	53 - 58	23 - 25	58 - 63	25 - 27	63 - 69	27 - 29	69 - 74	30 - 32	76 - 81	34 - 36	86 - 91
Girth	35 - 38	89 - 97	39 - 42	99 - 107	43 - 46	109 - 117	47 - 50	119 - 127	50 - 53	127 - 135	53 - 56	135 - 142
Age	2 - 4		4 - 5		6		8 - 10		10 - 12		14 - 16	

1. Bust - Widest point of chest.
2. Waist - Narrowest point of waist.
3. Hip - Widest point of hip
4. Girth - From the high point of shoulder, through legs



BOY'S

	SMALL (S)		MEDIUM (M)		LARGE (L)		EXTRA LARGE (XL)	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM
Chest	26 - 28	66 - 71	28 - 30	71 - 76	30 - 32	76 - 81	32 - 34	81 - 86
Waist	23 - 24	58 - 61	25 - 26	63 - 66	26 - 28	66 - 71	28 - 30	71 - 76
Inseam	26	66	28	71	30	76	32	81

1. Chest - Widest point of chest.
2. Waist - Narrowest point of waist.
3. Inseam - Measure to the ankle along inside of leg.



TWEEN

	EXTRA SMALL (XS)		SMALL (S)		MEDIUM (M)		LARGE (L)		EXTRA LARGE (XL)	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
Bust	22 - 23	56 - 58	24 - 25	61 - 63	26 - 28	66 - 71	29 - 31	74 - 79	33 - 35	84 - 89
Waist	21 - 22	53 - 56	21 - 23	53 - 58	23 - 25	58 - 63	26 - 30	66 - 76	30 - 32	76 - 81
Hip	23 - 25	58 - 63	25 - 27	63 - 69	27 - 29	69 - 74	30 - 32	76 - 81	34 - 36	86 - 91
Girth	39 - 42	99 - 107	43 - 46	109 - 117	47 - 50	119 - 127	50 - 53	127 - 135	53 - 56	135 - 142
Size	4 - 5		6		7 - 8		10 - 12		14 - 16	

1. Bust - Widest point of chest.
2. Waist - Narrowest point of waist.
3. Hip - Widest point of hip
4. Girth - From the high point of shoulder, through legs



Women's Bodywear Guide

	Extra Small (XS)		Small (S)		Medium (M)		Large (L)		Extra Large (XL)		1X		2X		3X	
	IN	CM	IN	CM	IN	CM	IN	CM	IN	CM	IN	CM	IN	CM	IN	CM
Bust	30-32	76-81	32-34	81-86	34-36	86-91	36-38	91-96	39-41	99-104	42-46	106-117	46-50	117-127	50-54	127-137
Waist	22-24	55-61	24-26	61-66	26-28	66-71	28-30	71-76	31-33	78-84	35-39	89-99	39-43	99-109	43-47	109-119
Hips	32-34	81-86	35-37	89-94	37-39	94-99	39-41	99-104	41-43	104-109	45-49	114-124	49-53	124-134	53-57	134-144
Girth	54-56	137-142	57-59	134-150	59-61	134-155	61-63	155-160	62-65	157-165	66-69	167-175	69-72	175-182	72-75	182-190
Size	2-4		4-6		8-10		10-12		14-16		16-18		18-20		20-22	

1. Bust: measurement at the widest point of the chest
2. Waist: measurement at the narrowest point of the torso
3. Hip: measurement at the widest point of the hip
4. Girth: measurement from the high point of the shoulder down through the legs



MEN

	SMALL (S)		MEDIUM (M)		LARGE (L)		EXTRA LARGE (XL)	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM
Chest	34 - 36	86 - 91	36 - 38	91 - 97	38 - 40	97 - 102	40 - 42	102 - 107
Waist	28 - 30	71 - 76	30 - 32	76 - 81	32 - 34	81 - 86	34 - 36	86 - 91
Inseam	28	71	30	76	32	81	34	86

1. Chest - Widest point of chest.
2. Waist - Narrowest point of waist.
3. Inseam - Measure to the ankle along inside of leg.

SHOE SIZES

Children's Sizing Conversion

US	Europe	UK	Inches	Centimeters
5	21	4.5	5	12.7
5.5	22	5	5 1/8	13
6	22.5	5.5	5 1/4	13.3
6.5	23	6	5 1/2	14
7	23.5	6.5	5 3/8	14.3
7.5	24	7	5 3/4	14.6
8	25	7.5	6	15.2
8.5	25	8	6 1/8	15.6
9	26	8.5	6 1/4	15.9
9.5	27	9	6 1/2	16.5
10	27.5	9.5	6 3/8	16.8
10.5	28	10	6 3/4	17.1
11	29	10.5	7	17.8
11.5	29.5	11	7 1/8	18.1
12	30	11.5	7 1/4	18.4
12.5	30.5	12	7 1/2	19.1
13	31	12.5	7 3/4	19.4
13.5	32	13	7 3/4	19.7
1	32.5	13.5	8	20.3
1.5	33	1	8 1/8	20.6
2	34	1.5	8 1/4	21
2.5	34.5	2	8 1/2	21.6
3	35	2.5	8 3/8	21.9
3.5	35.5	3	8 3/4	22.2

Adults' (Women's) Sizing Conversion

US	Europe	UK	Inches	Centimeters
4	34.5	2	8 1/8	20.8
4.5	35	2.5	8 1/8	21.3
5	35.5	3	8 1/2	21.6
5.5	36	3.5	8 3/4	22.2
6	36.5	4	8 3/4	22.5
6.5	37	4.5	9 1/8	23
7	38	5	9 1/4	23.5
7.5	38.5	5.5	9 1/8	23.8
8	39	6	9 1/2	24.1
8.5	40	6.5	9 3/4	24.6
9	40.5	7	9 3/8	25.1
9.5	41	7.5	10	25.4
10	42	8	10 1/8	25.9
10.5	42.5	8.5	10 1/8	26.2
11	43	9	10 1/2	26.7
11.5	43.5	9.5	10 3/8	27.1
12	44	10	10 3/4	27.6
12.5	45	10.5	11	27.9
13	45.5	11	11 1/8	28.3
13.5	46	11.5	11 1/4	28.6
14	47	12	11 1/2	29.4
14.5	47.5	12.5	11 3/8	30.2
15	48	13	12	30.6
15.5	49	13.5	12 1/8	30.9
16	49.5	14	12 3/4	31.2

Men's Sizing Conversion

US	Europe	UK	Inches	Centimeters
6	39	5	9 1/4	23.5
6.5	39.5	5.5	9 1/2	24.1
7	40	6	9 3/4	24.6
7.5	40.5	6.5	9 3/4	25.1
8	41	7	10	25.4
8.5	41.5	7.5	10 1/8	25.7
9	42	8	10 1/4	26
9.5	42.5	8.5	10 3/8	26.7
10	43	9	10 1/2	27
10.5	43.5	9.5	10 3/4	27.3
11	44	10	11	27.9
11.5	44.5	10.5	11 1/8	28.3
12	45	11	11 1/4	28.6
13	46	12	11 1/2	29.4
14	47	13	11 3/4	30.2